



Our goals for every child are:



a safe and nurturing home



a secure parent-child relationship



an environment supporting successful growth and development

JULY 2016 - JUNE 2017

2017 IMPACT REPORT



The Child Abuse Council leads community efforts to eliminate child abuse and neglect by strengthening children and families through treatment, education, and prevention.

childhood trauma changes the way a child learns, grows and plays.

The Adverse Childhood Experience (ACE) study by Dr. Rob Anda and Dr. Vincent Felitti shows the impact of early childhood violence and trauma. This early exposure negatively influences development, behavior, emotional status, and physical health which, in turn, can lead to increased risk for:

- Depression and Anxiety
- School Absence, Suspension, and Dropouts
- Domestic Violence
- Running Away
- Smoking
- Abusing Drugs and Alcohol
- Incarceration
- Cancer
- Liver Disease
- COPD
- Heart Disease
- Early Death

Over **90%** of abuse happens at the hands of someone the child knows, loves and trusts

(Darkness to Light, 2017)

When factoring in the cost of investigations, foster care, medical and mental health treatment, special education, juvenile and adult crime, and chronic health problems, child abuse and neglect costs the Quad Cities

\$259,502
EVERY DAY

Preventing childhood trauma is the single biggest return on investment and the most effective way to improve life outcomes and strengthen communities.

ABUSE & NEGLECT

leads to

DEVELOPMENTAL & COGNITIVE DELAYS

which cause

HEALTH PROBLEMS



1 IN 5 GIRLS AND 1 IN 10 BOYS

will be the victim or attempted victim of sexual assault before they are 18 years old.

(Finkelhor, 2009)



Our community will **THRIVE** when every child has a family that makes them feel secure and safe.

You can help him grow to discover his full potential by creating a strong community with wealthy relationships & supported families



In the US a report of child abuse is made every ten seconds and five children die every day from abuse and neglect. (Childhelp, 2013)

50%

of child abuse victims are aged 5 years or younger (CDC, 2014)



Every 6 hours a child in the US is a victim of Shaken Baby Syndrome (National Center on Shaken Baby Syndrome, 2016)



Every year in the Quad Cities the number of children found abused and neglected could fill 20 school buses

It takes a community to care for **our children.**



1,482 therapy and case management sessions for children exposed to trauma



1,733 home visits



88% of moms initiated breastfeeding



1,481 services for military families



100% of families assigned a medical home



171 parenting classes and support groups



1,811 children and adults completed child sex abuse prevention programming

5,500

children and families

we kept safe through
PREVENTION, EDUCATION & TREATMENT



309 community members trained in Adverse Childhood Experiences



3,207 people educated in child abuse prevention, identification and family support



309 forensic interviews and medical exams for children involved in abuse investigations; Child perpetrators sentenced to over 50 years



90% of children showed emotional and/or behavioral improvement after receiving therapy



100% of parents feel less isolated and more supported



78% of parents report a reduction in parental stress after participating in Safe From the Start

TREATMENT & HEALING

Therapy
Medical Exams
Case Management
Forensic Interviews
Coordinated Referrals
Justice

INDIVIDUAL FAMILY SUPPORT & EDUCATION

Home Visits
Life Skills
Basic Necessities Safety Plans
Labor and Delivery Support
Breastfeeding Support
Child Development
Career Planning Education Attainment

RESOURCES

EDUCATION



The Child Abuse Council is the Quad Cities' only child abuse prevention agency dedicated to keeping children safe and building strong families.

We focus our efforts on effective, holistic services by approaching child abuse prevention utilizing a public health model through three distinct paradigms:

1. **Community Prevention:** Wide-spread education and support for building nurturing families
2. **Focused Prevention:** Targeted engagement and specialized support for families to keep children safe
3. **Treatment and Prevention:** Children and families receive therapy and support essential to heal after violence or trauma while teaming with skilled professionals to prevent recurrent abuse and neglect.

100%

of your investment stays in our region
helping children and families
in your neighborhoods

\$44% of our budget is from
YOU,

other caring individuals,
and local grants

Generous grant support provided by:

- CD Wiman Trust
- Cedar County Decategorization Board
- Community Foundation of Greater Muscatine
- Community Foundation of the Great River Bend
- Community Foundation of the Great River Bend Teens for Tomorrow
- Doris & Victor Day Foundation
- Friendly Thrift Center
- Hubbell-Waterman Foundation
- Junior Board of Rock Island
- Muscatine Charities, Inc
- Rauch Family Foundation
- Regional Development Authority
- Rock Island Gaming Funds
- Scott County Decategorization Board
- Scott County Regional Authority
- St Vincent Home Corporation
- The Amy Helpenstell Foundation Fund
- The Bechtel Charitable Trusts
- Theisens-More For Your Community Grant Program
- Unity Point Trinity



COMMUNITY PARTNERS • DONORS • FAMILIES

INVESTING IN THE innocence of childhood

LESS THAN \$10

Provides a pre-school student with a 12-week session on personal safety to prevent child sex abuse and other tragic events like accidental shootings.

\$25

Provides a community with a 2-hour training session about building healthy relationships for safe and prosperous neighborhoods.



\$50

Provides a military parent and their child with an organized playgroup, increasing social supports, and providing an opportunity for them to better acclimate into our community.

\$75

Provides one teacher with training in child abuse prevention and equips them with the resources necessary to swiftly respond to suspected abuse and neglect.



\$125

Provides a parent one on one support after their child has experienced abuse to ensure they know how to support their child, take care of themselves, and navigate resources to get the services necessary.

\$300

Provides a 6 session parenting class to teach about child development and family resiliency ensuring children have the safe homes they deserve.



\$500

Provides 70 military fathers and their children a special night out in the community to strengthen the child-father bond.

\$850

Provides a child with a safe environment and a forensic interview or medical exam from an expert trained in reducing the trauma experienced by victims.



\$1,000

Provides one year of life changing therapy for an abused child.

\$2,500

Provides a family with one year of home visits teaching positive parenting techniques, goal-setting, and coordinated case management as well as support in achieving their educational, employment, and housing goals.

\$5,000

Provides an at-risk mother with prenatal and postnatal care, birth support, and vital resources to give their baby the best possible start in life.

INVEST TODAY www.childabuseqc.org

PROGRAMS

The Child Abuse Council was organized in 1977 through the efforts of citizens and professionals concerned about child abuse and neglect in the Quad Cities. Our philosophy has always been one of community collaboration and responding to community need.

Basic Training for New Dads: A program taught by dads for dads. This program started over 15 years ago, is led by volunteer fathers and is the only one of its kind made specifically for fathers as they prepare for the birth of a child.

Families First: Designed to support military families in our community to decrease isolation and increase socialization. From activities centered on the father/child relationship to weekly playgroups and regular parenting classes, we partner with the US Army to support our service men and women and their families.

Talking About Touching: A program partnering with local preschool programs providing children, teachers, and parents with information they need to stay safe and prevent child sex abuse.

24/7 Dad: A 12-week parenting development and support program open to all fathers, taught by nationally certified Quad City dads.

Healthy Families Home Visitation: Provides new parents with accredited home visitation services to build parents' skills, reach their goals, and create a safe and nurturing environment for young children.

Doula: A Doula is a person who assists a mother before, during, and after childbirth, and supports the family by providing assistance and education. This program ensures that a baby has the very best possible start in life!

Community Education and Training: Delivering high quality community education and training to professionals and parents, this program puts the adults in our community right where they should be—at the front of prevention. Keeping children safe should never be the responsibility of a child; adults are responsible for keeping kids safe!

Safe from the Start: The program offers play therapy services specifically for children ages 0-5. This comprehensive therapeutic program provides therapy and case management to help children heal from trauma exposure and prevent future trauma from occurring. By supporting a child and their family early, we are able to prevent future problems with things like truancy, juvenile delinquency, physical and mental health challenges.

Child Protection Center: The welcoming home environment in our Muscatine facility provides children a place to tell their story after abuse or neglect. Working with law enforcement, DHS, mental health providers, and health care professionals, children receive forensic interviews, medical exams, and coordinated team investigations to ensure children are treated with dignity and respect during the investigative process.

All Our Kids Network: Working to ensure services for children 0-5 are collaborative, comprehensive and reflect our community need. The Network provides structure and support to prioritize partnerships and address barriers to ensure healthy starts for children in our community.



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**A predator
commits an
average of 120
separate sexual
acts before
being caught.**

(Jensen and Jensen, 2009)



SafePath Survivor Resources Eastern Iowa Community Action • Rock Island/Milan School District Head Start • Robert Young Mental Health Center • **Davenport Police Department** • Unity Point Trinity Health Systems • Bethany • **Family Resources, Inc.** • Alternatives OPEN Network • United Way of the Quad Cities

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WE ARE PROUD TO

COLLABORATE

WITH THE BEST MINDS IN HUMAN SERVICES TO

KEEP KIDS SAFE

Rock Island County DCFS
Moline Police Dept. • Center for Alcohol and Drug Services • **Rock Island County Regional Office of Education**

Early Learning Quad Cities

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Breaking Traffick

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