



BOOKS FOR PARENTS ON SEX AND SEXUAL DEVELOPMENT

Here are a few books for parents to understand healthy sexual development and better understand how to talk to your child about sex! ***This is not an exhaustive list.***

Title	Author
30 Days of Sex Talks: Empowering Your Child with Knowledge of Sexual Intimacy (Ages 3-7, 8-11, 12+)	Educate and Empower Kids
A Girls' Guide to Sex Education	Michelle Hope
A Modern Approach to the Birds and Bees	Robin Pickering
Body Safety Educations: A Parent's Guide to Protecting Kids from Sexual Abuse	Jayneen Sanders
Boy Puberty: How to Talk about Puberty and Sex with Your Tween Boy	Cath Hakanson
It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health	Robie Harris, Michael Emberley
Let's Talk About Boundaries, Consent, and Respect	Jayneen Sanders
More Than Just the Talk: Becoming Your Kids' Go-To Person About Sex	Jonathan McKee
My Body is Growing: A Guide for Children Ages 4-8	Dagmar Geisler
No Shame; Real Talk With Your Kids About Sex, Self-Confidence, and Healthy Relationships	Lea Lis
Packaging Boyhood: Superheroes, Slackers, and Other Media Stereotypes	Sharon Lamb & Lyn Mikel Brown
Packaging Girlhood: Rescuing our Daughters from Marketers Schemes	Sharon Lamb & Lyn Mikel Brown
Sex Positive Talk to Have With Kids	Melissa Pintor Carnagey
Sex Stuff for Kids 7-17: A Book of Practical Information and Ideas for Kids and their Teachers and Parents	Carole Marsh
Sexploitation: Helping Kids Develop Healthy Sexuality in a Porn-Driven World	Cindy Pierce
Sexualized Media Messages and Our Children: Teaching Kids to Be Smart Critics and Consumers	Jennifer W. Shewmaker
So Sexy So Soon: The New Sexualized Childhood and What Parents Can Do To Protect Their Kids	Diane E. Levin & Jean Kilbourne
Stop Sweating & Start Talking: How to Make Sex Chats with Your Kids Easier Than You Think	Andrea Brand
The Sex Wise Parent	Dr. Janet Rosenzweig