

Parenting Resources Directory

The Quad-Cities' resource guide for parenting groups and classes.
A Service of the Child Abuse Council, a United Way agency, (309)764-7017

2004

The *Parenting Resources Directory* is published once a year. The purpose is to provide the Quad Cities with a comprehensive, up-to-date inventory of parenting groups, educational opportunities and resources. Inclusion in the directory does not constitute endorsement.

Parenting is an ongoing learning process. The *Parenting Resources Directory* will enable parents and professionals to select those opportunities that encourage growth and development in the parenting role. Photocopying any part or all of the *Parenting Resources Directory* is encouraged.

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This guide is a service of the Child Abuse Council, a United Way agency (309) 764-7017.

CHILDREN/YOUTH PROGRAMS

4-H CLOVER KIDS

This program offers learning opportunities for children in grades K-3. Activities are specially designed to be appropriate to the developmental stage of children this age. Youth are involved in small groups and learn social skills as well as participate in hands-on activities to explore art, plants, animals, environment, science, and personal development. Pre-register. Cost: \$10. Contact: Jodi (563-359-7577).

Iowa State University Extension

4-H CLOVERBUDS

Designed for ages 5-7, the Cloverbud program helps youth build confidence and gets children excited about learning. Uses hands-on learning activities to help youth explore art, plants, animals, science, and the environment. To volunteer to become a group leader or to see if there is a club near you, contact: Jennifer (309-796-0512).

University of Illinois Extension/RI County

4-H CLUB

The Illinois 4-H program welcomes youth, ages 8-18, to join the fun, meet new people, learn topics of interest, and get involved in community service. Contact: Jennifer (309-796-0512).

University of Illinois Extension/RI County

4-H CLUBS

The Iowa 4-H program invites all youth, grades 4-12, to become members of a 4-H club in their community. Members learn life skills, get involved in community service, and practice communication skills. Cost: \$20. Contact: Burdell (563-359-7577).

Iowa State University Extension

AFTER SCHOOL AND SUMMER PROGRAM

A supervised, safe environment for students to go after school and all day during the summer. Homework assistance, skillbuilding, arts and crafts, snacks, and special projects are offered. Field trips, community service projects, family events, and lock-ins held periodically. Cost: free. Contact: Kennon (563-326-4116).

Center For Alcohol and Drug Services

AFTER SCHOOL PLUS PROGRAM

After school program available to students in grades K through 5, Monday through Friday, on "school days" - \$40.00 per semester for first child in family, \$25.00 per semester for each additional child. PLUS program available on "in-service days" and other school holidays. 7:00 a.m. to 5:30 p.m. - \$10.00 per day per student. Contact: Joseph Quinn (563-323-1821).

Friendly House

AFTER SCHOOL PROGRAM

Provides a structured environment for youth ages 6-14 to motivate development of educational skills and positive peer relationships. Meets September through May at Martin Luther King Center at 3:00-6:00 p.m., Monday through Friday. Requirements: Must pre-register. Cost: None. Contact: King Center (309-732-2999).

Martin Luther King Center

AFTER SCHOOL TUTORING

Students grades 1-5 receive help with homework and learning of basic academic skills from volunteers. October through May. Held at 808 North Harrison on Mondays from 3:00-4:30 p.m. Requirements: Must pre-register. Cost: None. Contact: Georgia (563-322-7363).

United Neighbors, Incorporated

ALTERNATIVE TO SUSPENSION PROGRAM

Lutheran Social Service, in collaboration with the Center for Alcohol and Drug Services and St. Mark Lutheran Church, offers a structured program available to any middle school student in Scott County who has been suspended from school. Program is held at St. Mark Lutheran Church during school hours August through May. Requirements: Child must be suspended from a middle school in Scott County. Exceptions may be made for elementary age students. Cost: None. Contact: Josh (563-884-4759).

Lutheran Social Service of Iowa

**ANGER MANAGEMENT
FOR ADOLESCENTS**

Robert Young Center

For children ages 12-18 who need help controlling anger. Contact: (309-779-2031).

**BEFORE & AFTER SCHOOL
CHILD CARE**

Two Rivers YMCA

Latch key child care available to elementary schools in Rock Island County. Runs concurrent with school year. Before school at 6:30 a.m. and after school until 5:30 p.m. Cost: \$4.70-6.70/session, financial aid available. Eligibility: Must attend school site. Contact: Pam (309-797-3945).

CAMP EAGLE'S NEST

Davenport Park and Recreation

A structured day camp designed for, but not limited to, youth with disabilities. Activities are adapted to meet individual needs and will include nature hikes, crafts, music, and low competition games, as well as special field trips. Requirements: Must pre-register. Cost: \$40.00, financial aid available. Contact: (563-888-2219).

CAMP FUNSHINE

Davenport Park and Recreation

An afternoon summer day camp offering a variety of arts, sports, field trips, special guests, fun learning, and recreation activities. Held at Roosevelt Community Center, 1221 Minnie Avenue, Davenport, IA. Requirements: Must pre-register. Contact: Thandra (563-326-7812).

CHAIN REACTION YOUTH COUNCIL March of Dimes

High school and college students help promote the mission of the March of Dimes throughout the community through fundraising and educational speaking. Cost: None. Contact: Mary Bakeris-Gullion (563-323-6378).

**CHILD/ADOLESCENT SOCIAL
SKILL GROUPS**

Psychology Associates

Six sessions offered in the spring and fall. After school, one time per week. Please call to pre-register. Contact: Psychology Associates (563-355-2577).

CHORAL GROUP

United Neighbors, Incorporated

Ongoing choral group for boys and girls ages 5-14. Thursdays, 5:00-6:00 p.m. Cost: None. Requirements: Must pre-register. Contact: Georgia (563-322-7363).

COMMUNITY-BASED MENTORING Big Brothers/Big Sisters of the Quad Cities

Provides adult mentors to children ages 6 to 15 who are at risk. Volunteers are extensively screened and trained to mentor children in a one-to-one community setting. Child and parent must want to participate in program. Volunteers will spend a minimum of ten hours a month with the child. Community-based mentoring not available to children who have history of delinquency or gang involvement. Cost: None. Contact: Leah (563-323-8006).

COMPUTER SKILLS TRAINING

Martin Luther King Center

An SBC Foundation grant makes it possible to provide free classes on basic to advanced skills. Please fill out an interest form at the Martin Luther King Center. Contact: Krista Tinsley (309-732-2999).

DISCOVERY JUNCTION

Friendly House

Recreation and enrichment program for children grades K-5 offered at Fillmore Elementary School. Requirements: Must pre-register. Cost: based on school lunch program. Contact: Joseph (563-323-1821).

FALCON'S NEST

Scott County Family Y

Weekly activities including themes, swimming, sports, and much, much more. Runs June 14, 2004, to August 13, 2004. Held at the North Family YMCA. Cost: Varies. Financial aid is available. To pre-register, contact: Tim Dodge (563-386-4414).

FATHER/SON TURKEY SHOOT

Davenport Park and Recreation

Basketball shooting contest for boys in the 3rd, 4th, and 5th grades. Trophies and ribbons awarded. November 17, 2004. Cost: \$8.00 per person. Contact: Thandra (563-326-7812).

NOTES

HARRISON STREET OUTREACH CENTER

Center For Alcohol and Drug Services

Provides a fun place for kids ages 6-17 to go. Year-round help with homework, tours, field trips, and education. IA residents. Contact: Kennon (563-326-4116).

HERSEY NATIONAL TRACK AND FIELD PROGRAM

Davenport Park and Recreation

Recreational track meet to encourage youth, ages 7-14, to participate in track and field. Saturday, May 22, at Brady Street Stadium, 9:00 a.m.-1:00 p.m. Cost: Free. Contact: (563-326-7812).

IOWA AFTERCARE NETWORK SERVICES

Family Resources, Inc.

Services, supports, and opportunities designed to assist youth between the ages of 18 and 21 who have "aged out" of foster care meet the challenges of living independently and achieve self-sufficiency. Assistance with living arrangements, jobs, school, and accessing community resources. Contact: (563-326-6431).

JUNGLE MANIA

Davenport Park and Recreation

Jungle Mania overnight recreation. Bring your jungle jammies and sleeping bag and join your best buddies for a night of slumber fun. Saturday, April 3, 2004. Requirements: Must pre-register. Cost: \$25.00. Contact: Thandra (563-326-7812).

JUNIOR THEATRE DANCE

Davenport Park and Recreation

Instruction in tap, ballet, jazz, and modern dance for anyone ages 3 to adult. Techniques include technical terms, positions, jumps, routines, and lyrical combinations. Performances at the conclusion of sessions 1, 3 and 4. Class times vary. Contact: Bonnie (563-326-7862).

JUNIOR THEATRE DRAMA

Davenport Park and Recreation

Instruction in creative drama, improv, play production, and performance for youth 5 years old through high school. Skills developed to increase concentration, independence, interdependence, and dramatic interpretation. Partial scholarships available. Contact: Bonnie (563-326-7862).

KARATE CLUB

United Neighbors, Incorporated

Teaches children basic karate skills. Promotional activities available to earn belts. Pre-register for ongoing classes. Classes held at United Neighbors, 808 Harrison, Davenport, from 5:00-6:00 p.m. Cost: None. Contact: Trish (563-322-7363).

KIDS CLUB

Scott County Family Y

This before and after-school program provides each child with a variety of activities, both educational and recreational, on an individual basis or in a small group based on children's interests and ages (K-12 year olds). Site locations vary in Bettendorf, Pleasant Valley, and Davenport. Cost: Varies. Financial aid is available. Contact: Heather Spinney (563-322-7171, ext. 114).

KIDS GROUP

Christian Family Care Center

The group is designed to help children deal with different situations in a healthy manner, to learn to identify and express their feelings, to learn about different types of abuse, and to know that abuse is not their fault. Cost: None. Contact: Sam (309-788-2273).

LEARN TO SWIM LESSONS

Davenport Park and Recreation

Learn to swim lessons given at the three Davenport municipal swimming pools. Cost: \$20.00, scholarships available. Contact: Betsy (563-326-7812).

LEARNING CENTER

Scott County Family Y

State licensed, full-time childcare program for children 6 weeks to five years old. Our safe and dependable environment for children enhances their physical, emotional, intellectual, and social growth, as well as their development skills. Program includes New Kid Fit program. Hours: 6 a.m.- 6 p.m. year round, M-F. Cost: varies. Financial aid is available. Contact: Laura McClurg (563-322-7171, ext. 108)

MINISTRY

Young Life

Outreach Ministry for youth in high school. IL residents. Contact Young Life (757-7123).

MUSEUM ACTIVITIES**Family Museum of Arts
and Science, Bettendorf**

A unique, fun-packed, hands-on museum for all ages located at 2900 Learning Campus Drive in Bettendorf, IA. Activities, workshops, camps, classes, drop-in programs, exhibits, & special events for children and families. Dates/times/costs vary. Some activities require pre-registration. Catalog available upon request. Contact: Brenna (563-344-4169).

MUSIC FOR SCHOOL READINESS Scott Community College/EICCD

Uses music to reinforce school readiness skills such as: learning numbers, colors, shapes, the alphabet, the concept of opposites, sharing and following one- and two-step directions. Musical skills and rhythm included. Musical skills not necessary. Requirements: Must pre-register. Contact: (563-441-4100).

PRE-SCHOOL AND CHILD CARE Positive Parenting at Trinity

Positive Parenting at Trinity is a licensed child care center offering care Monday thru Friday from 7:00 a.m. - 5:30 p.m. We care for children ranging from 18 months to five years of age. Our morning is planned as a pre-school environment offering many choices and challenges. We welcome the families who qualify for state child care assistance. Iowa residents. For more information, please contact: (563-322-3260).

PRE-SCHOOL DAY CARE Two Rivers YMCA

Year-round child day care-DCFS-licensed program. Child care for 2-6 year olds from 6:00 a.m.- 5:30 p.m. (full or part-week available). Location: 2040 53rd Street, Moline. IL residents. Cost: \$103/wk. Pre-register. Contact: Pam (309-797-3945).

PRE-SCHOOL PROGRAM Moline School District

Pre-kindergarten and parent activities. Topics chosen by participants. Requirements: For qualified children ages 3-5 and parents. Also serves Spanish-speaking children. Meets September through May. Times vary; day and evening groups available. Cost: Minimal/Free. Contact: Sue (309-757-1893).

RECREATIONAL SWIM Davenport Park and Recreation

Open recreational swimming available at three Davenport municipal swimming pools. Cost: varies. Contact: Betsy (563-326-7812).

RICK'S HOUSE OF HOPE Genesis Health System

A grief and trauma recovery center for children, which is a safe haven that provides guidance and support for young people and their families during painful and confusing times of grief. Cost: Please call for information. Contact: Rick's House of Hope (563-324-9580).

**ROCK ISLAND COUNTY
TEEN FEDERATION University of Illinois Extension/RI County**

A 4-H federation for teens that focuses on providing community service. Leadership skills are built when the teens plan and act on various community service projects. Requirements: Between the ages of 13-18. To register, contact: Jennifer (309-796-0512).

SAFE FROM THE START Child Abuse Council

Crisis intervention, individual, group, family, and play therapy for children 0-5 who witness or are a direct victim of violence in their home or community. Non-offending caretakers and siblings included. Community education (mandatory reporter training, effects of children exposed to violence, etc.) and violence prevention curriculums available to pre-K and kindergarten classes. An Illinois Violence Prevention Authority funded program. Cost: None. Referrals screened for appropriateness. Rock Island County residents. Contact: (309-757-1265).

SAILING AND ROWING SCHOOL Davenport Park and Recreation

For youth ages 14 and older, and adults. Learn to row or sail with experienced instructors. Small class ratios. Instruction combines classroom work and on-the-water work. Contact: Betsy (563-326-7812).

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SCHOOL-BASED MENTORING

Big Brothers/Big Sisters

School-based mentoring. Matches a professionally screened and trained adult mentor with a child in a school setting. Volunteers will spend 2-4 lunches per month with the child, September through May. Requirements: Child must be between ages 6-12 and pre-registered. Contact: Leah (563-323-8006).

SCREENING ASSESSMENT AND SUPPORT SERVICES

Robert Young Center

Intensive community, home, and school-based services for children and adolescents who are at risk of being psychiatrically hospitalized or at risk of being placed out of their home community. Contact: SASS (309-779-2031).

SIBLING CLASS

Trinity Medical Center

Children learn about their roles as big brother or sister and become acquainted with the birth experience by visiting the place where Mother will have "their" new baby. Included are hands-on demonstrations, a tour and making a birthday card for your baby. Please have your child bring a doll or stuffed animal to class. Class is offered every month, for one hour, in the evening. Recommended after the sixth month of pregnancy. Cost: Free. Contact: Ann Klauer (563-742-4600).

SKILLS TRAINING AND ACADEMIC READINESS TRACT

Martin Luther King Center

Program aids eligible youth, ages 14-21, with academic assistance and job skills necessary for employment. Held at Martin Luther King Center, July 1 through June 30, from 8:00-5:00 p.m. Cost: None. Requirements: Pre-registration and interview with case manager. To register, contact: Krista Tinsley (309-732-2999).

SMALL ADVENTURES DAY CAMP

Davenport Park and Recreation

An outdoor program open to youth 3-5 years old. Each week a new and different camp theme is offered. This day program runs from June to July. Requirements: Must pre-register. Cost: \$70 per camper. Financial aid available. Contact: Sherrie (563-888-2219).

SOCIAL SKILLS GROUP

Comprehensive Psychological Service, LLP

Social skills training group offered to elementary-age children. Designed to build problem-solving skills, communication abilities, and friendship skills. Parent education modules included to promote skill development at home and school. Insurance accepted. Cost: \$40 per session. Contact: Dr. O'Dell-McCollum or Dr. McCollum (309-762-3931).

SUMMER ADVENTURE CAMPS

Davenport Park and Recreation

An outdoor program open to youth 6-12 years old. Each week a new and different camp theme is offered. Weekly from June-August. 9:00 a.m.-4:00 p.m. Requirements: Pre-register. Cost: \$80 per camp, financial aid available. Contact: Sherrie (563-888-2219).

SUMMER DAY AND RESIDENT CAMP PROGRAMS

Girl Scouts of the Mississippi Valley, Inc.

Sessions of various lengths introduce girls to the great outdoors and offer a progressive, educational experience. Three to five day camps allow girls to experience the out-of-doors during the day or evening and go home to sleep at night. Resident camp sessions range from two days to two weeks, offering girls the opportunity to participate in traditional camp activities as well as specialized programs. Camps run on various days, June through August. Must become a registered member of Girl Scouts of the USA. Cost: varies, scholarships available. Contact: (309-788-0833 or 800-798-0833).

SUMMER DAY CAMP

Two Rivers YMCA

Program teaches camp skills, archery, swimming, cooking, games, songs and more. June through August, 9:00 a.m.-3:00 p.m. or 6:30 a.m.- 5:30 p.m. Cost: \$98/week, financial aid available. IL residents. Contact: Pam (309-797-3945).

SUMMER DAY CAMP

Martin Luther King Center

Six week session. June through August each year. 9:00 a.m.-3:00 p.m. Requirements: Must pre-register. Applications taken in May. No cost for eligible Rock Island youth and limited scholarships. Contact: Martin Luther King Center (309-732-2999).

SUMMER DAY CARE**Friendly House**

Total summer program featuring weekly "themed" lessons including arts and crafts, computer lab, ceramics, sports, field trips, and overnight camping. Grades K-6. June 3-August 27. Requirements: must pre-register. Cost: sliding fee scale. Contact: Joseph Quinn (309-323-1821).

SUMMER FUN CLUB**Scott County Family Y**

Caring, Honesty, Respect, and Responsibility are the four YMCA core values implemented daily in our SFC program. Weekly activities include but are not limited to: swimming, arts and crafts, sports, field trips, kid fitness, and Y Camp Abe Lincoln. Hours: 6 a.m. - 6 p.m. Program located in Davenport, Pleasant Valley, and Bettendorf. Contact: Heather Spinney (563-322-7171, ext. 114).

SUMMER PROGRAM**United Neighbors, Incorporated**

Summer alternative for child care. Activities include arts & crafts, skating, bowling, swimming, cook-outs, etc. June-August. Monday-Thursday, 9:30 a.m.-3:00 p.m. Eligibility: 3-6 & 7-14 year olds. Requirements: Must pre-register. Contact: Bonnie Beechum (563-322-7363).

TEEN REACH**Martin Luther King Center**

Responsibility, Education, Achievement, Caring, Home (REACH) activities for Rock Island residents ages 6-17 during non-school hours. At six sites: Metropolitan Youth Program for recreation (712 8th Street, RI) Wednesday and Saturday, 5:00-6:30 p.m.; Christian Friendliness for recreation, peer support, and life skills (2707 11th Street, RI), Saturdays, 1:00-5:00 p.m.; Audubon Elementary School, 3:00-5:00 Monday-Friday; Martin Luther King Center for tutoring, life skills training, mentoring and recreation from 3:00-6:00 p.m. Sites are seeking parental involvement. Cost: None. For more information, contact: Charles Robinson (309-732-2999).

THE GAME ROOM**Davenport Park and Recreation**

Supervised recreation including play station, bumper pool, air hockey, etc. Meets at Roosevelt Community Center, 1221 Minnie Avenue, Davenport, IA. Monday & Wednesday, 6:00-8:00 p.m. and Saturday, 10:00 a.m.-12:00 p.m. Cost: Free. Contact: Thandra (563-326-7812).

TRAUMA & LOSS IN CHILDREN**Child Abuse Council**

Individual or group intervention for children 6-21 who have had a significant trauma or loss that affects their ability to function in school or at home. Illinois residents. Cost: Free. Contact: Jim (309-738-5691).

TUMBLING PROGRAM**Davenport Park and Recreation**

A comprehensive tumbling program designed to meet the needs of various levels of tumblers. All classes designed to develop self-esteem, social and physical awareness and to provide a foundation of skills to help with each level of tumbling progression. Requirements: Must pre-register. Cost: \$35, financial aid available. Contact: Thandra (563-326-7812).

UNIFIED SPORTS**Davenport Park and Recreation**

Combines Special Olympic athletes and regular ed classmates of similar age on the same team with an emphasis on community integration through sport activities. Unified Volleyball is in the spring and Unified Bowling is in the summer. Each sport runs for 6 weeks. Requirements: Must pre-register. Cost: Free. Contact: Sherrie at Davenport Parks and Recreation (563-888-2219).

WILDCAT DEN**Scott County Family Y**

Weekly activities including themes, swimming, sports, and much, much more. Runs June 21, 2004, to August 20, 2004. Held at the North Family YMCA. Cost: Varies. Financial aid is available. To pre-register, contact: Eric Rogers (563-391-7771).

WITTENMYER LEARNING CENTER **Family Resources, Inc.**

The Wittenmyer Learning Center provides an alternate education program for young people whose academic needs are better met outside the traditional school setting. Held Monday-Friday, 9 a.m. to 3 p.m. Requirements: Meeting with education staff. Contact: Doug Reasner (563-326-6431, ext. 209).

WYLD LIFE**Young Life**

Outreach ministry for grades 7 and 8. IL residents. Contact: Young Life (309-757-7123).

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Y WINNERS

Consists of 6th graders from Lincoln-Irving, Longfellow, Glenview, and George O. Barr who would benefit from exposure to positive role models, leadership training, volunteer opportunities, field trips, etc. Nine month program, after school, at 3:00 p.m. Students are picked up by van and brought to the YMCA. Cost: None. Contact: Andy (309-797-3945).

Two Rivers YMCA

YMCA CHILD CARE

Provides pre-school and day care services for children ages 15 months to 12 years. Center open from 6:30 a.m.-5:15 p.m. Site: 301 NW 4th Avenue, Galva, IL. Cost: Sliding fee scale. Contact: (309-932-8303).

YMCA

YOUTH GROUP PROGRAMS

Diverse activities for 5-11 year olds. Includes educational workshops, mentoring, tutoring, and computers. Every Wednesday and Thursday year round for 12-18 yr. olds. Contact: Trish/Georgia (563-322-7363).

United Neighbors, Incorporated

EDUCATION/SUPPORT — ABUSE

ADOLESCENT SUPPORT GROUP

Peer support, information and affirmation for gay, lesbian, bisexual, and transgender youth. Meetings held twice a week. Cost: None. Contact: Scott J. VanDeWoestyne (309-786-2580) or QCAD@qcad.net.

Quad Citians Affirming Diversity

ADULT SEXUAL ABUSE

OFFENDERS GROUP

Adults involved with legal system due to a sexual offense. Group works to resolve issues of denial. Cost: Sliding fee scale. Contact: (309-779-2031).

Robert Young Center

COMFORT

A support group for victims of domestic violence who are moms and/or full time caregivers, that helps them better understand their parenting techniques and children's behavior, and promotes healthy communication for the family. Cost: None. Contact: Sam (309-788-2273).

Christian Family Care Center

HENRY COUNTY CHILDREN'S

ADVOCACY CENTER

The Children's Advocacy Center is a place where professionals from law enforcement, child protective services, prosecution and treatment services work together in a coordinated approach on cases of child sexual abuse or severe physical abuse. Alleged victims are brought to the child-friendly center and are interviewed by a forensic interviewer while the rest of the team observes on closed-circuit t.v. Interviews are video-taped, creating a permanent history of any disclosure. By utilizing a team approach, the need for multiple interviews is significantly decreased. Supportive services are then provided to the victim and non-offending caretakers. Contact: (309-937-5663).

Henry County Children's Advocacy Center

KNOX COUNTY CHILD

ADVOCACY CENTER

KCCAC is a child-friendly house where one member of a multi-disciplinary team interviews alleged victims of child sexual abuse or severe physical abuse. All services are available to alleged victims who live in Knox and McDonough Counties where protocols have been established with all agencies involved in these investigations. Main office is in Galesburg with a satellite office in Macomb. Services are also available as a courtesy to children in Warren, Henderson, and Fulton counties. The only referrals we can accept are from law enforcement, the state's attorneys, the Department of Children and Family Services, or domestic violence programs. KCCAC provides case management, support services, medical exams when necessary, and treatment referrals for abuse victims and their families. Presentations are made to community and professional organizations regarding child abuse prevention and program services provided. Cost: free. Contact: Sharon or Jennifer (309-344-8416).

Knox County Child Advocacy Center

MADD

Victim services, youth education, substance abuse education and support. Cost: None. Contact: Pam (309-755-8139 or 800-317-MADD).

Mississippi Valley MADD

PROBLEM GAMBLING**Eastern Iowa Center for Problem Gambling, Inc.**

Outpatient and preventative service available for Iowa families. Cost: Sliding fee scale. Contact: Eastern Iowa Center for Problem Gambling, Inc. (563-322-2535).

NOTES**QUAD CITY RED RIBBON COALITION Center For Alcohol and Drug Services**

The mission of this coalition is to present a unified, visible commitment toward the creation of a drug-free community through special events in October. Continuing to find ways to perpetuate the Red Ribbon message throughout the year by community collaboration involving all segments of the community. Contact: Jennifer (563-326-4116).

ROCK ISLAND CO. CHILDREN'S ADVOCACY CENTER**Rock Island County Children's Advocacy Center**

RICCAC is a child-friendly location where one member of a multi-disciplinary team interviews victims of alleged child sexual abuse and serious physical abuse. Referrals for interviews accepted only from DCFS or law enforcement. The team then provides case management, support services, and treatment referrals. Community and professional education is available on child sexual abuse, children and trauma, prevention, and program services. IL residents. Cost: Free. Contact: Cindy (309-794-6451).

SIGNIFICANT OTHER PROGRAM Center For Alcohol and Drug Services

Education and support for adults who care about someone who abuses substances. Cost: None. Wednesday, 6:00-9:00 p.m., for 5 weeks. Contact: Al or Diane (563-322-2667).

SUBSTANCE ABUSE PREVENTION Martin Luther King Center

Partners with Edison Jr. High School and the Rock Island community to address the needs of youth at risk of using alcohol, tobacco, and other drugs of abuse. Referral by school counselor or teacher. Contact: Carlos (309-732-2999).

SUBSTANCE ABUSE PREVENTION GROUPS**Center For Alcohol and Drug Services**

Ongoing education support groups held in Scott County elementary, junior high, and high schools during the school year. Cost: None. Times vary. Contact: Shay (563-326-4116).

SURVIVORS OF ABUSIVE RELATIONSHIPS**Christian Family Care Center**

S.O.A.R. is a support group for victims of domestic violence, enabling women to recognize and break free from abusive relationships and empowering them to make healthier choices for themselves and their children. Requirements: Phone interview. Contact: Donna or Sam (309-788-2273).

EDUCATION/SUPPORT — SPECIAL NEEDS**ASPERGERS GROUP****Robert Young Center**

Designed for children with a primary diagnosis of Aspergers Disorder. Contact: Robert Young Center (309-779-2031).

CENTER FOR COMMUNICATIVE DISORDERS**Augustana Communicative Disorder Ctr.**

Speech Sessions, 1 hour per week held at Augustana College in Carlsson Hall. Monday through Thursday 1:00-5:00 pm. Cost: \$260 for an eight-week term. Requirements: None. Contact: Barbara (309-794-7583) or Cindy (309-794-7350).

EARLY ACCESS**Mississippi Bend Area Education Agency**

Services and support to assist Iowa families with children ages birth to three who have special developmental or behavioral needs. Coordination with community agencies and local school districts. Cost: None. IA residents. Contact: Kathy (563-344-6263 or 800-947-2329).

EARLY INTERVENTION-ILLINOIS Child and Family Connections #13

Service coordination and on-going early intervention services for children, birth through two, who have developmental delays or diagnosis. Intake and evaluations available to all. Services available to eligible children. IL residents. Cost: Sliding fee scale. Contact: (866-426-2160).

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EDUCATION/SUPPORT FOR SPECIAL NEEDS KIDS

Mississippi Bend Area Education Agency

Hearing, speech, and developmental assessment, home and classroom instructional programs, toddler groups, variety of supportive therapies for Iowa children from birth to K, in cooperation with local school districts. IA residents. Cost: None. Eligibility: Based on child's needs. Contact: Joyce (563-344-6265 or 800-947-2329).

K.I.D.S

Support group, education, and information for parents of children with Down's Syndrome. Family, friends, and interested persons are welcome. Held at Deere-Wiman Carriage House. Second Saturday of every month, 10:00-11:30 a.m. Please call to see if a meeting will be held the month you choose to attend. Contact: Louise Olvera (309-752-9743).

LEARNING AND ATTENTION DISORDERS CLINIC

Comprehensive Psychological Service, LLP

Assessment clinic specializing in learning and attention disorders for children, adolescents or adults. Staffed by two psychologists with extensive experience with these conditions. The evaluation includes coordination with school personnel for intervention planning. Insurance accepted. Cost: varies. Contact: Dr. O'Dell-McCollum or Dr. McCollum (309-762-3931).

LEKOTEK

Children's Therapy Center of the Quad Cities

Loaned play/support reading materials for families of children (0-3 years) with special needs. Some adapted toys for physically challenged. Focus on abilities, not disabilities. Cost: Sliding fee scale, \$10-\$50 per year. Contact: Tricia (309-762-9552, ext. 26).

NEW KINGDOM TRAILRIDERS

New Kingdom Trailriders

Horseback riding as therapy recreation or competition for people with disabilities, beginning at age 3. Classes meet once a week for 45 minutes. Riders sign up for 6-week sessions. Enrollment is in February, March, and April. Classes held at Fireside Farm in Sherrard, Illinois. Cost: \$90/6-week session. Medical permission necessary. Contact: Barb (309-787-0627).

PARENT EDUCATION OPPORTUNITIES

Black Hawk College Training Center

Classes on children with special needs, growth and development, creative activities, guidance and language, as well as other early childhood topics. Spring, summer, and fall classes available. Cost: College tuition, some financial aid/child care available. Requirements: Must pre-register at Black Hawk College. Contact: Chris (309-755-3428).

PARENT-EDUCATOR CONNECTION PROGRAM

Mississippi Bend Area Education Agency

The goal of this program is to enhance the relationships between parents of special education students and educators. A resource library of books, videos, and periodicals is also available. Iowa residents only. Cost: None. Contact: Carol (563-344-6287).

PARENTING NETWORK FOR SPECIAL NEEDS

Children's Therapy Center of the Quad Cities

Parents of special needs children are linked with parents of children with similar disabilities for informal networking and sharing. Cost: None. Contact: George (309-762-9552, ext. 15).

QUAD CITY ADD/ADHD PARENT SUPPORT GROUP

Wells School

Education and support group for parents who have children with Attention Deficit Disorder. Held at Wells School, 490 42nd Ave., East Moline. Meets second Tuesday of each month from Sept. to May. Group time: 6:30-8:00 p.m. Contact: Larry (309-755-8627).

RESPITE CENTER

Association for Retarded Citizens

Provides respite to Rock Island, Mercer and Scott County families of children and adults with developmental disabilities. Respite is provided at the Center for short stay or 24-hour periods of time. During June - August, care can be provided for one week to allow for family vacations. (Current site is not wheelchair accessible). Cost: \$1.50 an hour, up to 12 hours (\$2/hour starting July 1), then \$18.00 flat fee/day. For those qualified, a sliding fee scale is available. Contact: (309-764-6353).

SENSORY INTEGRATION PROGRAM Children's Therapy Center of the Quad Cities
Occupational therapy with an emphasis on sensory integration techniques. Therapist has extensive training in sensory integrative dysfunction including the Wilbarger protocol used for sensory defensive behaviors. Direct therapy, consultation, home program (sensory diet) and parent training provided. Doctor referral required. Cost: Sliding scale and financial aid available. Contact: Bonnie (309-762-9552, ext. 12).

**SPECIAL NEEDS ADOPTION
SUPPORT GROUP**

Lutheran Social Service of Iowa

Support group for adoptive parents of special needs children. Childcare available. September through May. First Tuesday of the month, 6:00-8:00 p.m. Cost: None. Contact: Nancy Shaffer (563-322-7419).

TRANSITION SERVICES

Mississippi Bend Area Education Agency

A transition specialist is available to assist schools, students, families, and community agencies in establishing and implementing a coordinated service of programs and services leading toward the successful transition of students with disabilities from school to adult life. Iowa residents only. Cost: None. Contact: Jane (563-344-6288).

ESTEEM BUILDING/STRESS RELIEF

4-H HANDY-BUDS CLUB

University of Illinois Extension/RI County

For physically and mentally challenged youth or adults and their friends. Group instruction and participation in nutrition program and one-to-one assistance in a visual art project each month. Eligibility: All youth (age 8 by September 1st or older) and adults. Meets 10:00 a.m. to noon on 1st Saturday of every month from September to May. Cost: \$1.00. Contact: Rachel (309-796-0512).

**ADOLESCENT GIRLS
THERAPY GROUP**

Comprehensive Psychological Service, LLP

Groups for teenage girls demonstrating symptoms of depression, stress, academic failure or acting-out behavior. Insurance accepted. Cost: \$40 per session. Insurance accepted. Contact: Dr. O'Dell-McCollum (309-762-3931).

**ANGER MANAGEMENT GROUP
FOR ADULTS**

Robert Young Center

Assist participants in learning anger, stress, and conflict management strategies. Contact: Robert Young Center (309-779-2031).

ANGER MANAGEMENT PROGRAM Psychology Health Group

Anger Management Program describes practical strategies for preventing or reducing anger and aggression. Participants completing this Anger Management Program will be taught: 1. The physical danger of unhealthy anger. 2. The beliefs that prompt our unhealthy anger responses. 3. How to become self aware of our anger cycle. 4. How to reverse anger's symptoms. 5. How to out-think your anger. 6. How to break the anger pattern. 7. How to adopt an anger style that is effective for you! Group or individual. Cost: Fee, private insurance, Iowa Title XIX. Contact: Rick (563-359-4049).

**CHILDREN'S SOCIAL SKILLS
AND PARENT GROUP**

Robert Young Center

Ages 7 to 12. Group focuses on teaching and practicing appropriate social skills, while parents participate in a parent component of the group. Contact: Robert Young Center (309-799-2031).

DISCIPLINE AND SELF-ESTEEM Augustana College Red Shoes

One-hour presentation for parents on how discipline should and can enhance self-esteem. Cost: None. Contact: (309-786-4686).

**DIVORCED CATHOLIC
SUPPORT GROUP**

Diocese of Davenport

Information and support for divorced/widowed/separated persons of all faiths. Tuesdays, 7:30 p.m. at St. Paul the Apostle School, Davenport, IA. Cost: None. Contact: Nancy Gould (563-355-2519).

NOTES

GIRLS' SELF ESTEEM GROUP

Robert Young Center

Ages 13 to 18. Group focuses on issues related to female teenagers' self-esteem. Contact: Robert Young Center (309-779-2031).

MASSAGE THERAPY

Genesis Health System

Certified massage therapist uses a combination of techniques to help relieve pain and stress. Half-hour, hour, and one and one-half hour sessions are available. Contact: Genesis Outpatient Rehabilitation Services (563-421-3460).

PARTNER ABUSE

INTERVENTION GROUP

Robert Young Center

Designed to facilitate change in an individual's actions and beliefs regarding domestic violence and battery. Goals are to prevent further episodes and offenses of domestic battery, and learn effective ways of resolving conflict and managing anger. Meets at Robert Young Outpatient Center, 4600 3rd Street, Moline, IL. Contact: (309-779-2031).

PEOPLE SKILLS FOR YOUNG ADULTS

Iowa State University Extension

A program designed for parents and caregivers who regularly interact with children 3-5 years of age. Learn about the importance of how to teach and guide children in the people skills of 1) feeling accepted, 2) knowing and respecting boundaries, 3) dealing with feelings, and 4) problem solving. Arranged for groups of 10 or more. Cost: Varies. To register, contact: Wendy (563-659-5125).

QUAD-CITY SHARE

Illini Hospital

Support group for parents who have lost a baby through miscarriage, stillbirth, or early infant death. Meetings held on the third Thursday of the month from 7:00-9:00 p.m. at Grace Lutheran Church, 1140 East High, Davenport, IA. Cost: None. Contact: Quad-City Share Line (309-792-7808).

SISTERS TOGETHER EMPOWER PEOPLE

United Neighbors, Incorporated

Project's goals are to instill a sense of moral value and ethical principles, along with the ability to develop and identify with feelings of self-worth. Available to Iowa residents only. Held at North High School, 10:30 a.m.-11:15 a.m. Contact Bonnie (563-322-7363).

SOCIAL SKILLS AND SELF-ESTEEM GROUP

Vera French Mental Health Center

Group for girls in grades 3-6 with focus on building social skills and improving self-esteem. Starts in February. Mondays, from 3:30-4:30 p.m. Must be a patient at Mental Health Center, IA resident. Contact: Lynn Service (563-383-1900).

TAKE CONTROL

Scott Community College

The emotions we experience alter our moods, and sometimes even our behavior. Individuals who learn to successfully control their emotions and channel their energies in a positive direction hold the secret to success. Learn and practice the skills that will allow you to positively control the events in your life. Cost: \$38. Contact: Registration Center, (563-441-4100) or (888-336-3907).

WOMEN'S PSYCHOTHERAPY GROUP

Robert Young Center

Designed for women who are experiencing chronic mental health symptoms of depression and/or anxiety. Group focuses on management of symptoms and coping skills, including self-esteem building, conflict resolution, assertiveness training and problem solving. Requirements: Must have an evaluation at RYC and be referred to group by a mental health therapist or psychiatrist. Cost: Insurance accepted or sliding fee scale. Contact: (309-779-2031).

Y SOLUTIONS

Two Rivers YMCA

Mentoring and character development program held during the school day. Available at: Audubon Elementary, Grant Elementary, Hawthorne-Irving Elementary, Washington Jr. High, and Rock Island High School. Students participate upon recommendation from school principal/counselor. Cost: Free. Contact: Andy (309-797-3945).

1,2,3,4, PARENTS**Scott Community College/EICCD**

Topics include the basic developmental stages from ages 1-4, non-violent discipline skills, prevention techniques, encouragement skills, importance of child's self-esteem, methods of bonding with children, and prenatal self care. Requirements: Must pre-register. Contact: (563-441-4100 or 888-336-3907).

A PLUS HOME HEALTH CARE**A Plus Home Health Care Services**

Home health care agency providing quality, CNA-level nursing to children and families within 100 mile radius of the Quad Cities. Contact: (309-762-8181).

ADULT CPR**Davenport Community Schools**

Learn how to react in an emergency by building an emergency action plan and learning to use the Emergency Medical System. Practice recognizing and caring for breathing emergencies, airway obstruction, cardiac emergencies and preventing heart attacks. 4 hrs. For more information or class dates, contact: (563-391-9161, ext. 3) or visit our website at www.davenportschools.org/communityed.

ADULT CPR & FIRST AID**American Red Cross**

Adult-infant-child CPR and First Aid training offered Saturdays, evenings, and weekdays. Special emphasis on assessment and hands-on practice. Courses can be combined as needed. Cost: Varies. Pre-register. Contact: (309-743-2166).

BOOTIE CAMP**Illini Hospital**

Six-hour seminar to review Lamaze class curriculum for expectant mothers and their coaches. Must have attended prepared childbirth classes previously. Pre-register. Sundays, 10:00 a.m. to 4:00 p.m. Dates vary. IL residents. Cost: \$25. Contact: Birth Associates (309-792-7707).

**BRAIN INJURY ASSOCIATION
OF IOWA****Brain Injury of Iowa**

Educational support for children with a traumatic brain injury and their families. Meets 2nd Monday of the month at Genesis Medical Center-West at 7:15 p.m. IA residents. Cost: None. Contact: Karen (563-359-5956).

BREASTFEEDING**Trinity Medical Center**

This one-session class is taught by a certified lactation educator experienced in breastfeeding. The class is offered after each Lamaze session. Curriculum includes how breastfeeding works, techniques, common problems and concerns, and returning to work. Cost: Free, if participating in Lamaze classes. Contact: Ann Klauer (563-742-4600).

BREASTFEEDING SUPPORT**La Leche League**

Breastfeeding education, support, and meetings based on the value of mother-to-mother support and the experience of moms and babies throughout the world. Fun, caring, and encouraging. In Iowa, daytime classes held the second Tuesday of every month at the St. John's United Methodist Church at 10:00 a.m. Evening meetings held the first Thursday of every month in St. John's United Methodist Church at 7:00 p.m. In Illinois, classes are held at Illini Hospital in Silvis, Larson Center, Room C, the 4th Tuesday of each month at 7 pm. Pregnant moms, nursing babies, and children welcome. Cost: None. For more information contact: Kristy (563-359-3772).

BREASTFEEDING SUPPORT GROUP **Genesis Health System**

Breastfeeding mothers are invited to share feelings, concerns, suggestions and questions with other mothers and lactation consultants from the Genesis BirthCenter. There is no charge for this group and anyone is welcome to attend, babies too. Cost: Free. Contact: Genesis On Call (563-421-2000 or 800-383-2575).

BROTHERS AND SISTERS**Genesis Health System**

This class is designed for children ages 3-10 who are awaiting the arrival of a new brother or sister. Our goal is to give children accurate information and realistic expectations about their new sibling. In addition to an informal "play time," a tour of the Genesis BirthCenter is included, when available. Cost: \$5 (Financial assistance available). Contact: Genesis On Call (563-421-2000 or 800-383-2575).

NOTES

CHILD AND FAMILY RESOURCE CENTER

Child Abuse Council

The center offers comprehensive medical exams, diagnosis, and case consultation for seriously physically abused and sexually abused children and aids in forensic evidence gathering for child abuse investigations. Referrals must be made by a private physician, DHS, DCFS, or law enforcement. No out of pocket cost, private insurance and Medicaid accepted. Contact: Rhonda (563-421-7160).

COMPREHENSIVE CHILDBIRTH CLASS

Illini Hospital

Lamaze, Lamaze review, prenatal, sibling, grandparenting, infant CPR, breastfeeding, pre and post-natal exercise, C-section, etc. Certified experienced instructors. Pre-register. Call for class schedules. Cost: Varies. IL residents. Contact: Birth Associates (309-792-7707).

CPR AND FIRST AID

American Red Cross

Child and infant CPR, rescue breathing, and emergency skills. Emphasis on skills including first aid. One-day Saturday class. Dates and times vary. On-site classes available for groups of 6 or more. Requirements: Pre-register. Cost: \$30, includes book. Contact: (309-743-2166).

CPR CERTIFICATION

Genesis Health System

Classes focus on training individuals for certification in cardiopulmonary resuscitation for infants, children, and adults. Contact: Genesis On Call (563-421-2000 or 800-383-2575).

CPR RE-CERTIFICATION

Genesis Health System

Classes focus on training individuals for re-certification in cardiopulmonary resuscitation for infants, children, and adults. Contact: Genesis On Call (563-421-2000 or 800-383-2575).

CRISIS INTERVENTION PROGRAM

Catholic Charities

The Crisis Intervention Program works with children up to age 18 to help families in Rock Island and Mercer counties stay together or quickly reunify when a crisis situation threatens to lead to out-of-home placement of a child. Crisis situations frequently involve runaways or family conflict involving police intervention. IL residents. Cost: None. Contact: Melissa Speth (309-786-0770).

EATING DISORDERS SUPPORT GROUP

Genesis Health System

This support group provides an opportunity for individuals who are in various stages of recovery from eating disorders - such as anorexia, bulimia, and binge eating disorder - to meet and gain support from others who are struggling with similar issues. The group strives to maintain a positive focus, be supportive of members, and identify healthy ways of coping during the recovery process. It is intended to supplement, but not to replace, treatment. Cost: Free. Contact: Psychology Associates (309-764-1670).

EFNEP

Iowa State University Extension

The Expanded Food and Nutrition Education (EFNEP) program is a series of nutrition lessons for families with limited incomes. Focus on methods of selecting and preparing healthy meals for children. Date and time to be arranged. Lessons taught one-on-one or in group settings. Cost: None. Contact: Vera (563-359-7577).

EFNEP

University of Illinois Extension/RI County

The Expanded Food and Nutrition Education (EFNEP) program provides group/individual instruction in nutrition, food buying, food preparation and food safety. Designed to help parents provide healthy, enjoyable meals on a limited budget. Cost: None. Eligibility: Must meet income guidelines. Time/date/location to be arranged. Contact: Cheryl (309-796-0512).

EMERGENCY CHILDREN'S SHELTER

Valley Shelter Homes Incorporated

Temporary emergency shelter for children. 24 hours a day, 7 days a week. 942 Marquette Street, Davenport, IA. Cost: None. Requirements: None. Contact: (563-323-8094).

EVENING MEALS**United Neighbors, Incorporated**

Evening meals provided to children on Tuesdays from 4:30-5:30 p.m., Wednesdays from 5:00-6:30 p.m., and Thursdays from 5:00-6:30 p.m. Must provide own transportation. Available to Davenport residents only. Meal site: 808 Harrison Street, Davenport, IA. Contact: Trish (563-322-7363).

FIRST AID**Davenport Community Schools**

Learn to care for various life threatening emergencies as well as less serious emergencies: bleeding, broken bones, seizures, poisoning and others. You must have a valid Adult CPR card to take this course. 3 hrs. For more information or class dates, contact: (563-391-9161, ext. 3) or visit our website at: www.davenportschools.org/communityed.

HOME CHILD CARE ASSOCIATION**Home Child Care Association**

A support group for IL and IA family child care providers. Meetings held third Tuesday of every month at 7:00 p.m. Located at Annie Wittenmyer Complex, cottage # 8, in Davenport. Offers CPR, First Aid training, toy and large equipment lending library, and child development training. Also provides referral information to parents seeking child care services. IA residents. Cost: \$3 for non-member training. Contact: Sandi (563-355-2202).

ILLINI BIRTH ASSOCIATES**Illini Hospital**

Birth Associates offers a comprehensive range of birthing classes including prenatal Lamaze, Lamaze refresher, VBAC, breastfeeding, infant CPR, sibling, and grandparent classes. IL residents. Cost: varies. Contact: Birth Associates (309-792-7707).

INFANT AND CHILD CPR**Davenport Community Schools**

Learn to apply the principles gained in Adult CPR to children and infants. You must have a valid Adult CPR card to take this course. 3 hrs. For more information or class dates, contact: (563-391-9161, ext. 3) or visit our website at www.davenportschools.org/communityed.

INFANT, CHILD CPR & FIRST AID**American Red Cross**

Child and infant CPR, rescue breathing, and choking skills. Emphasis on skills including first aid. One-day Saturday class. Dates and times vary. Onsite classes available for groups of 6 or more. Cost: \$30, includes book. Contact: (309-743-2166).

NOOGIELAND**Gilda's Club**

The Noogieland children's program assists children in coping with the uncertainties of living with a cancer diagnosis, whether it is their cancer or that of a family member. Support and information available on a daily basis for all children and their parents. Hours: Monday - Thursday 8:00 a.m. - 8:30 p.m., Friday 8:00 a.m. - 5:00 p.m. and 1st and 3rd Saturday of the month, 10:00 a.m. - 2:00 p.m. Cost: All programs are free of charge. Contact: Melissa Wright (523-326-7504).

PREGNANCY & PARENTING SUPPORT Bethany for Children and Families

Home visiting services designed to help expectant, single, or married parents solve problems related to pregnancy or parenthood. Individualized services are tailored to each parent's needs and unique situation. Requirements: Must live in Scott or Rock Island County. Cost: None. Contact: Pam Swift (309-797-2514, ext. 347).

ROCK ISLAND COUNTY**WIC PROGRAM****Rock Island County Health Department**

Supplemental food program for pregnant or breastfeeding women, infants, and children up to age 5. Provides nutrition information and food coupons. Eligibility: Illinois residents who meet income guidelines. Contact: Rock Island WIC (309-793-1955, extension 250).

SCOTT COUNTY WIC PROGRAM**Edgerton Women's Health Center**

Supplemental nutrition program for pregnant, breastfeeding, and postpartum women, infants, and children up to age 5. Provides food packages, nutrition and health assessment and education. Requirements: Must be a Scott County resident and meet income guidelines. Cost: None. Contact: Elaine (563-359-6635).

TEEN PREGNANCY**PREVENTION PROGRAM****Edgerton Women's Health Center**

Printed information available on topics of: male and female sexual health, sexual decision making, STD prevention, diagnosis and treatment, responsibilities of teen parenting, birth control methods, talking to kids and adults about sex, and planning a family. Speakers are also available. Contact: Libbet (563-359-6633, ext. 229).

NOTES

THE NEST OF SCOTT COUNTY

Genesis Visiting Nurse Association

Pre-natal incentive program for low-income and high-risk pregnant women. Women who meet the eligibility requirements are enrolled by their health care provider and receive points for attending monthly pre-natal visits. They then can redeem their points at the Nest Store for maternal or nursery care items such as diapers, maternity clothes, bottles, etc. Contact: Sue Himes (563-421-5500).

YOUTH COURSES

American Red Cross

Courses on first aid, alone at home, hygiene/grooming, masters of disaster, facing fear, ARC school clubs, volunteer opportunities, self-esteem, safety skills, and babysitting (grades 1-12). Cost: varies. Contact: Red Cross (309-793-2166).

PARENT/CHILD BONDING

ADOPTION PRESERVATION PROGRAM

Family Resources, Inc.

The adoption preservation program offers a variety of interventions and support services designed to preserve adoptive placements, including individual and family counseling, respite care and cash assistance, support groups, 24-hour crisis intervention, and referral and linkage to other community resources. Services for families residing in Scott County, Iowa, who have adopted children. Cost: Free. Contact: Kris Knobloch (563-326-6431, ext. 492).

BLACK HAWK COLLEGE

LITERACY PROGRAM

Black Hawk College Outreach Center

Literacy classes for adults in need of obtaining a GED, learning English, or needing one-on-one tutoring. Dates/times/locations vary. Requirements: Must pre-register. Cost: None. Contact: Janet (309-797-7138).

CELEBRATE FAMILIES

Iowa State University Extension

Celebrate Families is an 8-session program for second and third-grade children and their parents/caregivers. Each 90-minute session includes family activities and separate adult and youth meetings. The goal of this parenting series is to help parents and children connect, build, and celebrate life as a family. Cost: Varies; if any, it will be to cover materials. To register contact: Wendy (563-659-5125) or Jennifer (563-359-7577).

FAMILIES CAN TALK

Planned Parenthood of Greater Iowa

This program brings parents and children together to share their feelings about the physical and emotional changes of growing up. Cost: None. Contact: Lori (563-449-1005, ext. 4).

FAMILIES FIRST

FATHERHOOD PROGRAM

Rock Island Arsenal/Army Community Service

The Fatherhood program offers a variety of programs to encourage military fathers to spend quality time with their children. Held at the Rock Island Arsenal. Requirements: Military active duty or retiree. Cost: Free. Contact: Jan (309-782-4736).

INFANT MASSAGE

Genesis Health System

Enhance the bonding experience, reduce the symptoms of colic and assist your baby's growth and development with loving massage. This class is designed for babies ages two weeks to crawling. Cost: \$25 (Financial assistance available). Contact: Genesis On Call (563-421-2000 or 800-383-2575).

MUSIC FOR TODDLERS

Scott Community College/EICCD

Six-week series of structured musical activities for parents and toddlers. Requirements: Must pre-register. Contact: (563-441-4100).

PRENATAL MASSAGE

Genesis Health System

This class is designed to provide basic massage techniques used to safely and effectively alleviate common discomforts of pregnancy. Cost: \$30. Contact: Genesis On Call (563-421-2000 or 800-383-2575).

QUALITY TIME-MAGIC CREATIONS Scott Community College/EICCD

Come join us and explore the wonderful process of preschool art. Create "masterpieces" with a variety of techniques and materials with your preschooler. Remember, it's the process, not the product. Requirements: Must pre-register. Contact: (563-441-4100 or 888-336-3907).

Y ADVENTURE GUIDES Scott County Family Y

Fathers/sons or fathers/daughters (K-6) meet in groups twice a month for social/recreational activities. Date/time/place varies. Requirements: Must pre-register. Cost: varies, financial aid available. Contact: Kraig Vry (563-391-1771).

PARENTING EDUCATION AND SUPPORT**ADOPTION SUPPORT GROUP** Family Resources, Inc.

For adoptive families in Scott County, IA. Parents' and children's groups are offered simultaneously. Groups, which are ongoing, meet the first Thursday of every month, from 6:30 to 8:30 p.m., at 2800 Eastern Avenue in Davenport. Requirements: Must RSVP. Cost: None. Contact: Kris Knobloch (563-326-6531).

BABY AND ME CPC Pregnancy Resources

A workbook series with emphasis on decision-making and lifestyle choices affecting the family. Cost: Free. Contact: Jerrie (309-797-3636).

BEGINNING PREGNANCY 101 Trinity Medical Center

Designed for the couple, once pregnancy is confirmed. Topics include discomforts of pregnancy, importance of exercise, fetal development, and relaxation techniques. Class is offered every month, in the evening. Class session is two hours. Cost: Free. Contact: Ann Klauer (563-742-4600).

BIRTHMOTHER SUPPORT GROUP Catholic Charities

Ongoing support group for birthmothers who have chosen adoption for their child, recently or long ago. Meets on the second Wednesday in September, November, January, March, and May, from 4:00-5:30 p.m. IL residents. Cost: None. Contact: Mary Ellen (309-788-9581).

BOOT CAMP FOR NEW DADS Child Abuse Council, Genesis Health System, & Trinity Medical Center

Boot Camp for New Dads, sponsored by the Child Abuse Council, is a unique program that brings "rookie" fathers-to-be together with "veteran" recent dads and their newborns. The veterans also share their babies with the rookies for hands-on training, and demonstrate how to hold, comfort, diaper, swaddle, relieve gas/colic, and play with an infant. The free, three hour program is focused, humorous, and informational. To register, contact: Trinity's My Nurse (309-779-2000) or Genesis On Call (563-421-2000).

BREASTFEEDING BASICS Genesis Health System

Breastfeeding is like getting to know someone new. It may take a little time to get started, but you will learn together. Your milk is your baby's perfect food. Parents who attending breastfeeding classes have a more realistic understanding of the breastfeeding relationship. New and expectant mothers are encouraged to invite their partners to attend. Cost: \$10 (Financial assistance available). Contact: Genesis On Call (563-421-2000 or 800-383-2575).

BRIDGEWAY PARENTING CLASSES Bridgeway Children Services

Nine-week parenting classes containing information about communication, self-esteem, anger management and behavior modification, and control issues. Classes are held every nine weeks at Bridgeway, 500 42nd Street - Suite 2, Rock Island, IL. Requirements: Pre-register, IL residents. Cost: \$75.00 for private pay, free to open DCFS cases. Contact: Nancy Fontenoy (309-786-0065).

BUDGET COUNSELING United Neighbors, Incorporated

Individual counseling on finances, by appointment only. Ongoing. Place: United Neighbors, Inc., 808 Harrison St., Davenport, IA. Requirements: Must pre-register. Cost: None. Contact: Ida (563-322-7363).

NOTES

BUILDING BLOCKS DAY TREATMENT PROGRAM

Family Resources, Inc.

A structured day treatment program for at-risk children ages 5-11, providing skill development in a nurturing, therapeutic atmosphere. For Iowa residents referred by DHS. Cost: Free. Contact: Robyn Graham (563-326-6431, ext. 484)

BUILDING STRONG FAMILIES: COMMUNICATION

Iowa State University Extension

Parents can learn more about their parenting and conflict management styles, and listening skills. This information will then be applied to enhance the way parents communicate with their children. The goals are to enhance family relationships and foster responsibility in children. Classes arranged upon request for parent groups of 12 or more. Cost: Varies. Contact: Wendy (563-659-5125) or Jennifer (563-359-7577).

CAR SEAT SAFETY

Genesis Health System

This class discusses types of car seats, correct use of seats and common misuses of child safety seats. Learning how to use child safety seats correctly can prevent injuries and save lives. Cost: \$15. Contact: Genesis On Call (563-421-2000 or 800-383-2575).

CHILDBIRTH PREPARATION

Genesis Health System

These classes will help you and your birth partner prepare for labor and the birth of your baby. Communication and choice are emphasized. A tour of the Genesis BirthCenter is included, when available. Cost: \$60 (Financial assistance available). Contact: Genesis On Call (563-421-2000 or 800-383-2575).

CHILDBIRTH PREPARATION CLASS Trinity Medical Center

Designed for expectant parents who have not attended classes within the past four years. Participants receive Labor and Birth: A Guide for You, a concise handbook of Lamaze training. Classes, with as many as seven couples, are scheduled to end approximately two to four weeks prior to Mom's due date. Curriculum includes: recognizing signs and stages of labor, relaxation and imagery, Lamaze breathing patterns, optimal labor and birth positions, use of medications, newborn care, and cesarean birth. Cost: \$45. Contact: Ann Klauer (563-742-4600).

CHILDCARE RESOURCE & REFERRAL Iowa East Central T.R.A.I.N.

Ongoing education, resources and referrals for parents seeking childcare. Training & assistance for persons wanting to become a child care provider. Contact: Mary Jo (563-324-1302 or 800-369-3778).

CHILDREN IN THE MIDDLE

Scott Community College/EICCD

Four-hour class for parents to learn how to help children cope with changes in family structure (dissolution of marriage, custody modifications, remarriages). Call for schedule. Contact: (563-441-4100 or 888-336-3907).

CHOOSING CHILDCARE

Mississippi Valley Providers

Provides referral information for parents needing home-based family childcare. Cost: None. Contact: Cheryl (309-762-5830).

CLOTHING ROOM

CPC Pregnancy Resources

Free maternity clothing and baby clothing up to size 2T. Baby furnishings available on a LOAN basis. Contact: Jerrie (309-797-3636).

COUNSELING

Catholic Charities

Provide individual and family counseling on a range of parenting and child management issues. Seminars/presentations on premarital, marital, and family relationships, divorce adjustment, adolescent problems and the family. Cost: Sliding fee scale. Contact: Patrick (309-788-9581).

EFFECTIVE PARENTING

Psychology Health Group

Ongoing classes held on Monday evenings. Eight one-hour sessions that cover such topics as Understanding the Goals of Misbehavior, Using Consequences Instead of Spanking, and Communication Skills. Please register. Cost: Fee, private insurance, Iowa Title XIX. Contact: Rick (563-359-4049).

FAMILIES FIRST**Rock Island Arsenal/Army
Community Service**

Home visitation program for all active duty military families living within 30 miles of the Quad Cities. Provides friendship, support, prenatal education, and parenting information to families with children ages 0 to 5 years. Cost: None. Contact: Jan (563-782-4736).

**FAMILY MANAGEMENT AND
PERSONAL DEVELOPMENT CLASSES Davenport Community Schools**

Two sessions of classes are offered each year through Community Education. If there is a Family Management or Personal Development type class that you would like to see offered, contact the Office of Community Education with your suggestion. We will attempt to get an instructor and class materials so the classes can be offered. Please be sure to check the brochure issued the last week of August and the first week of January for current course offerings or go to our website and look under "...Of the Family, For the Family..." Contact: (563-391-9161, ext. 3).

FIRST STEPS Child Abuse Council

Free, voluntary follow-up services for first time parents in Rock Island and Scott County. Program volunteers provide a hospital visit to families of newborns at the time of birth. Volunteers continue to follow up with the family through bi-monthly phone contact for three to six months providing parenting information, support and referrals to community based resources. Referrals are accepted from hospital, health care providers, or social service agencies. Self-referrals are also accepted. Contact: the Child Abuse Council (309-757-8600).

FOSTER CARE Dept. of Children and Family Services

Ongoing foster care support group. IL residents. Contact: Watyne (309-794-3500).

GRANDPARENT'S DAY Genesis Health System

This quarterly class provides proud grandparents-to-be with current information about child-birth. Topics include: pregnancy, the birth process and caring for a newborn. A tour of the Genesis BirthCenter is included, when available. Cost: \$5 (Financial assistance available). Contact: Genesis On Call (563-421-2000 or 800-383-2575).

GRIEF RECOVERY Genesis Health System

Anyone experiencing grief from the death of a loved one or any other form of loss is invited to attend the Genesis Grief Recovery Program. The program is designed to provide a combination of professional and lay participation in both individual and group settings. Contact: Genesis On Call (563-421-2000 or 800-383-2575).

GROWING FAMILY Genesis Health System

This series of classes is geared toward helping families adjust to the life changes that occur once you and your new baby are home. The classes will contain a review of baby care, and self care, as well as an opportunity to share experiences. Cost: \$30. Contact: Genesis On Call (563-421-2000 or 800-383-2575).

HEALTHY FAMILIES ILLINOIS Child Abuse Council

Free home visiting services for first time parents and their families living in Rock Island County. Families can begin receiving services prenatally or at the birth of their child. An assessment must be completed prenatally or within two weeks of the child's birth. Services can last for up to five years and are provided on an intensity level based on the family's needs. Helps families identify needs, establish and obtain goals, as well as supporting the family during a time that is often stressful. Staff educate parents on ways to care for their baby that will promote healthy child growth and development, while encouraging positive parent-child interaction. Referrals accepted from hospitals, health care providers, or social service agencies. Self-referrals are also accepted. Contact: Teresa Babers or Pat Dutton at the Child Abuse Council (309-757-8600).

HELPING CHILDREN MANAGE ANGER Iowa State University Extension

Parents will learn more about helping their children "take charge" of their angry feelings. Learn a better understanding of your child's temperament. How you communicate with your child, and how you approach problem-solving makes a difference. Program arranged for parent groups of 12 or more. Cost: Varies. Contact: Wendy (563-659-5125).

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HOPES Program

A continuum of services that supports and assists all parents in meeting the needs of their children. Services include a universal assessment offered to all births in Scott County; health promotion visits which are in-home physical assessments of mom and baby; HOPES, which provides a more intensive level of in-home services to families considered at higher risk. Voluntary programs available to all residents of Scott County. Cost: Free. Contact: Michele Hornaday (563-421-5500).

ILLINOIS DHS CHILD CARE ASSISTANCE

Child care assistance program for Illinois Department of Human Services. Must meet requirements. For appointment and more information contact: Jennifer (563-324-1302).

IN-HOME COUNSELING/ FOSTER CARE

Provides services to families experiencing difficulties in the home environment. Services focus on assisting families to gain positive relationships with one another and function productively as a family unit. Work involves parents, children, and/or entire family. Every effort is made to serve families within their own home. Cost: Sliding fee scale. Contact: Jenny Kerr (563-326-6431).

LABOR MASSAGE

This class is designed to provide basic massage techniques used to help reduce stress and increase mom's comfort level during labor. Cost: \$30. Contact: Genesis On Call (563-421-2000 or 800-383-2575).

MOM AND BABY BASICS

This class discusses caring for yourself and the baby after birth and issues of parenting. Topics include: postpartum care, bonding with and caring for your newborn, newborn care and safety, selecting a pediatrician, and infant feeding options. Cost: \$30 (Financial assistance available). Contact: Genesis On Call (563-421-2000 or 800-383-2575).

MOM'S CLUB

An international support group for stay-at-home mothers. Activities include both mother/child and mom only. Annual dues: \$20. Contact: Jackie (563-359-7496).

MOTHERS OF TWINS/ MULTIPLES CLUB

Offers support and information to mothers of multiples. Activities include speakers, family outings, and a semi-annual swap/garage sale. Dues include a monthly newsletter. Held first Thursday of the month, September to May, at 7 p.m. Requirements: Must be a mother or legal guardian of twins or other multiples. Cost: \$20/year. Contact: Joelle McDermott (563-359-7861).

NEW PARENT BASICS

Class for pregnant or new parents. Covers pre-natal care and care of newborns. Cost: Free. Contact: Jerrie (309-797-3636).

PARENTS AS TEACHERS

Parents As Teachers is a parent education and family support program serving families throughout pregnancy until their child turns three. Parent educators share age-appropriate child development and parenting information, help parents learn to observe their children, and address parenting concerns. Available in Scott Co. Cost: None. Contact: Jennifer (563-344-6393).

PREGNANCY AND YOU

This introductory class prepares you for the changes you will be experiencing throughout pregnancy. Topics include: physical and emotional changes, finding comfort, baby development and birth defect prevention, nutrition and exercise, and infant feeding choices. Cost: \$15 (Financial assistance available). Contact: Genesis On Call (563-421-2000 or 800-383-2575).

RAINBOW PARENT CLUB

Child welfare advocate, parent education, and parent support group. Third Tuesday of each month, 5:30-6:30. Eligibility: Parents of registered children only. Free childcare and evening snack provided. Cost: Free. Contact:(309-788-0426).

Genesis Visiting Nurse Association

Iowa East Central T.R.A.I.N.

Family Resources, Inc.

Genesis Health System

Genesis Health System

Mom's Club of Davenport/Bettendorf

Quad Cities Mothers of Twins/ Multiples Club

CPC Pregnancy Resources

Mississippi Bend Area Education Agency

Genesis Health System

Rainbow Skip-A-Long II

**REFRESHER CHILDBIRTH
PREPARATION****Genesis Health System**

This class is designed to meet the needs of those who have all ready experienced prepared childbirth. A tour of the Genesis BirthCenter is included, when available. If five or more years have passed since you last gave birth, you are encouraged to enroll in the Childbirth Preparation Classes. Cost: \$30, with financial assistance available. Contact: Genesis On Call (563-421-2000 or 800-383-2575).

RUNAWAY COUNSELING**Lutheran Social Service of Iowa**

Counseling available for families experiencing problems with runaway teens. Will provide family counseling sessions in an attempt to reunite the family under improved conditions and reduce the risk of subsequent runaway behavior. Parent support group, social support group for girls. Flexible hours. Cost: None. Contact: Tricia Birch (563-322-7419).

SEXUALITY EDUCATION**Planned Parenthood of Greater Iowa**

Planned Parenthood's Education Department offers programs in responsible reproductive health, human development and sexuality education for youth and parent groups, schools and churches, and other community organizations. Cost: \$35/hour. Contact: Lori (563-449-1005, ext. 4).

SIBLING RIVALRY**Iowa State University Extension**

Parents will learn more about how to reduce their frustration over quarrelsome siblings by using effective communication and problem-solving techniques. The program content can be developed for parents of younger children or elementary school-aged children. Classes arranged upon request for parent groups of 12 or more. Cost: varies. Contact: Wendy (563-659-5125) or Jennifer (563-359-7577).

SMART START**CPC Pregnancy Resources**

Parenting topics for expectant parents or parents with children under age 2. Cost: Free. Contact: Jerrie (309-797-3636).

**SMOKING CESSATION FOR
EXPECTANT MOMS****Genesis Health System**

That's it - I Quit! Let us help you quit smoking. This three-session class is designed to meet the special needs of an expectant mother. Genesis Medical Center and the Tobacco-Free QC are working together for the health of you and your baby! Cost: \$35 (Financial assistance available). Contact: Genesis On Call (563-421-2000 or 800-383-2575).

**STEPPING STONES
FOR STEPFAMILIES****Iowa State University Extension**

This is a learn-at-home series for adults experiencing the uniqueness and special challenges of rearing children in a blended family setting. The topics for the six lessons are: Taking Time to Think About My Stepfamily, Building a Strong Couple Relationship, Building Step Relationships, Understanding a Child's Realities, Understanding Financial and Legal Matters, and Working with Others. The format allows families to explore and practice suggestions aimed at building and strengthening relationships among family members in the privacy of their home. Cost: \$3 plus postage and handling. Contact: Iowa State University Extension (563-359-7577).

STRENGTHENING FAMILIES**Iowa State University Extension**

Strengthening Families is a seven-session series for parents/caregivers and youth 10-14. Each two-hour session has separate adult and youth meetings and family activity time. The focus is to help youth prepare for teen years, avoid problems with drugs and alcohol, and strengthen family communication. This is accomplished through adult sessions on taking a look at what youth this age are like, making and enforcing rules and consequences, using problem-solving techniques with youth, and showing love and support. Youth sessions focus on learning how to handle frustration, resist peer pressure, get along with others, and appreciate adults in their lives. Contact: Iowa State University Extension (563-359-7577).

**TEEN ACADEMIC/
PARENTING PROGRAM****Davenport Community Schools**

For pregnant adolescents grades 7-12. Academic program, classes in prenatal care and child development, etc. Child care center on site operated by Early Head Start. September to June, 9:30-3:35 p.m. Iowa residents. Cost: school fees. Contact: Maureen Moeller (563-391-9161, ext. 306).

NOTES

TEEN PARENT & CHILD EDUCATION

**RI High School Education Center/
YWCA of the QC**

On-site program for pregnant adolescents and teen parents who attend Rock Island High School. Child care center on-site during school year. 7:00 a.m.-4:00 p.m. on days when school is in session. Cost: Financial aid available. Contact: Julie Larson (309-788-3479) or Tomi Wheatley (309-793-5950, ext. 1019).

TEEN PARENTS INSTITUTE

Quad City Youth For Christ

For teen parents or pregnant teens between the ages of 13-21 who have chosen to parent. TPI provides individual life coaching, life skills education, support groups and events, a mentoring program, and community advocacy, intervention, and referral. TPI also provides various incentives for program participation and completion. Requirements: Reside in the Iowa/Illinois Metro Quad Cities. Contact: (309-764-1405, ext. 25)

HANEN PROGRAM

Augustana College CSD Dept.

Program for families with young children with communication difficulties, including but not limited to children who are "late talkers", have Down's syndrome, or are on the autism spectrum. One 1.5 hour evening session per week for 8 weeks, beginning mid-September. Free on-site childcare. Space limited to 8 families. IL only. Cost: \$260. Contact: Cindy (309-794-7350).

SPEAKERS BUREAU

AMERICAN RED CROSS

HIV/AIDS PREVENTION EDUCATION American Red Cross

Presentations about the facts on HIV/AIDS given by Red Cross certified HIV/AIDS Instructors. Cost: None. Requirements: None. Contact: Eileen (309-743-2166).

ASSOCIATION FOR RETARDED CITIZENS

Association for Retarded Citizens

Speakers on mental retardation. Contact: Carolyn Hasenmiller (309-786-6474).

BETHANY FOR CHILDREN AND FAMILIES

Bethany for Children and Families

Speakers on teenage pregnancy, self-esteem, communication, decision making, and teenage sexuality. Grade school through adult audiences. Contact: Mary Ann (309-797-2514, ext. 349).

BIG BROTHERS/BIG SISTERS

Big Brothers/Big Sisters of the Quad Cities

Speakers will talk to groups about the program. Contact: (563-323-8006).

CATHOLIC SOCIAL SERVICE FOSTER CARE

Catholic Charities

A brief look at the history of child welfare, how the foster care program works, and who can provide foster care. Illinois residents. Contact: Greg (309-794-2200).

CENTER FOR ALCOHOL & DRUG SERVICES, INC.

Center For Alcohol and Drug Services

Speakers and information on substance abuse and related topics. Also, prevention services especially designed for workplace settings. Scott County residents only. Contact: (563-326-4116).

CHILD ABUSE COUNCIL

Child Abuse Council

Speakers and information available about the services of the Child Abuse Council, child abuse and neglect, Shaken Baby Syndrome, Mandatory Reporter Training, and a variety of parenting topics. Flexible scheduling. Request minimum of two week notice. Cost: None. Contact: Linda (309-764-7017, ext. 210).

CHILD AND FAMILY PSYCHOLOGY CENTER

Child and Family Psychology Center

Speakers on children/adolescents, parenting, learning disabilities, the exceptional child, attention deficit, child abuse and neglect, etc. Contact: (309-797-6979).

**CHILDREN'S THERAPY CENTER
OF THE QUAD CITIES****Children's Therapy Center of the Quad Cities**

Speakers on disability awareness. Contact: George (309-762-9552, ext. 15).

COMMUNITY HEALTH CARE**Community Health Care Inc.**

Professionals available on child development/health, parenting, and homelessness. Contact: Jan (563-336-3053).

CPC PREGNANCY RESOURCES**CPC Pregnancy Resources**

Speakers available on parenting topics and pregnancy issues. Contact: Jerrie (309-797-3636).

**EASTERN IOWA CENTER
FOR PROBLEM GAMBLING, INC.****Eastern Iowa Center for Problem Gambling,
Inc.**

Speakers available on problem gambling and treatment programs. Contact: Eastern Iowa Center for Problem Gambling, Inc. (563-322-2535).

GENESIS HEALTH SYSTEM**Genesis Health System**

Speakers available on a wide variety of topics, including addictions, cancer, cardiology/heart disease, children, diabetes, finance, food and nutrition, health care, home health care, employee management, neurology, pain management, rehabilitation, seniors, sleep disorders, spiritual care, trauma, and travel. Contact: Genesis/Corporate Communications (563-421-6267).

GENESIS HEALTH SYSTEMS MULTIPLE**ADDICTION RECOVERY CENTER****Genesis Health System**

Speakers available on substance use/abuse. Contact: Joe (563-421-2919).

**HENRY COUNTY CHILDREN'S
ADVOCACY CENTER****Henry County Children's Advocacy Center**

Offers speakers, materials, and classroom presentations on the prevention of child abuse and child sexual abuse. Cost: Free. Contact: (309-937-5663).

**ILLINOIS DEPT. OF CHILDREN
AND FAMILY SERVICES****Dept. of Children and Family Services**

Presentations and information on child welfare system, child abuse and neglect, mandated reporting laws, and foster care and adoption issues. IL residents. Contact: Jane Norman (309-794-3500).

IOWA SIDS ALLIANCE**Iowa SIDS Alliance**

Non-profit organization to educate the public on SIDS and support families who have lost a child to SIDS. Educational programs by request. Contact: Melanie (563-323-1538).

**IOWA STATE UNIVERSITY
EXTENSION****Iowa State University Extension**

Programs/publications on parenting, childcare and child development, youth violence, family wellness, and resource management. Youth programs include 4-H clubs, Clover Kids groups, after-school programs, and curriculum enrichment activities in schools. Contact: Becky Bray, Scott County Extension Education Director (563-359-7577).

**MARCH OF DIMES SPEAKERS
BUREAU****March of Dimes**

Speakers available to speak at any location and time. Contact: March of Dimes (563-323-6378).

**MISSISSIPPI BEND AREA
EDUCATION AGENCY****Mississippi Bend Area Education Agency**

Speakers on special education, behavior management, parenting, self-esteem, homework, child development, peer pressure, teen suicide, effects of divorce on children, children at risk, sexual harassment, conflict resolution, etc. IA only. Four weeks notice needed. Contact: Communications Office (563-344-6403).

**MOTHERS AGAINST DRUNK
DRIVING (MADD)****Mississippi Valley. MADD**

Speakers available on topics related to drunk driving. Cost: None. Contact: Pam (309-755-8139 or 800-317-MADD).

NOTES

REBECCA S. MORGAN, PH. D.

Dr. Rebecca S. Morgan, PH. D.

Available to speak on topics related to mental health and parenting. Cost: To be arranged.
Contact: Dr. Morgan (309-762-3931).

ROCK ISLAND COUNTY EXTENSION Rock Island County Extension

Presentations and information regarding alcohol, tobacco and other drugs. Contact: Toney (309-764-3220).

SCOTT COUNTY HEALTH DEPARTMENT

Scott County Health Department

Educational presentations on HIV/AIDS, Sexually Transmitted Diseases, Communicable Disease, Immunization, and Childhood Lead Poisoning. Scheduled on request. Cost: None.
Contact: Roma Taylor, RN (563-326-8618, ext. 8826).

VERA FRENCH COMMUNITY MENTAL HEALTH CENTER

Vera French Mental Health Center

Speakers available on mental health topics. IA only. Contact: Lynn (563-383-1900).

VILLA MONTESSORI SCHOOL

Villa Montessori School

Speakers on alternative methods of education, problem-solving and critical thinking skills, etc. Four weeks notice preferred. Contact: Renee (309-764-7047).

VISITING NURSE ASSOCIATION, HOSPICE CARE

Visiting Nurse Association

Speakers available on Hospice Care, death/dying, and grief issues with children. Cost: None.
Contact: Gale (563-421-5500).

WIC PROGRAM

WIC Program

Speakers on prenatal and postpartum nutrition, pediatric nutrition, and breastfeeding. IA only.
Contact: Elaine (563-359-6635).

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