



BOOKS FOR CHILDREN HEALING FROM CHILD SEX ABUSE

Here are some books for children who have experienced child sex abuse. Reading can be a great way to talk about things when children are uncomfortable. Remember not to force a child to talk, let them know you are there if they want to talk later and wait for them to be comfortable.

If you find your child has been sexually abused report it immediately to authorities and contact us for information on community supports for you and your child. *This is not an exhaustive list.*

Title	Author	Recommended Ages
Healing Days: A Guide for Kids Who Have Experienced Trauma	Susan Farber Straus, PhD	Ages 6-11
Miss America By Day (A Memoir About Surviving Incest)	Marilyn Van Derbur	Ages 18+
Monty's Day in Court: What to Expect When You Have to Testify In Court	Jessica Miles	Ages 3+
Nono The Little Seal	Sherri Patterson	Ages 4-8
Once I Was Very Very Scared	Chandra Ghosh	Ages 5-10
Rosy and Jack	Nicole Rading	Ages 4+
Sarah's Waterfall: A Healing Story about Sexual Abuse	Ellery Akers	Ages 7-12
Some Secrets Should Never Be Kept	Jayneen Sanders	Ages 3-12
Something Is Wrong At My House	Diane Davis	Ages 3-12
Tell Somebody It Happened to Me	Nancy Flowers	Ages 4-10
The Colors Within: One Rainbow Reclaimed	Jana Adams	Ages 12+
When I was Little: A Child's Journey in Overcoming Abuse and Trauma	Keri Vellis	Ages 4-10